

# Prostate Biopsy Post-Procedure Instructions

Following the instructions below will contribute to a successful recovery.

## **Diet**

You may return to your normal diet immediately.

## **Activities**

Avoid strenuous activity for the first 24 hours. You may return to your normal activity the day after the biopsy.

## **Medication**

- It is important to take the antibiotic (Cipro) that you were given for the biopsy the evening of your biopsy.
- You may take Tylenol (acetaminophen) if needed for pain or discomfort
- Do NOT take aspirin or any blood thinners like Coumandin, Plavix, Eliquis, Brilinta, or Pradaxa for 48 hours after your biopsy.
- Other than blood thinners, you should resume your regular medications.

## **Call if you experience any of these problems:**

- Fevers over 101.5° F
- Heavy bleeding or clots
- Inability to urinate

## **Results**

It will take approximately 2 weeks to get the results from your biopsy. An appointment will be made to go over the results.